



Early onset glaucoma
Corynne Chubb
has eye disease
only affects the old
Page 8

SPOKE

A LEARNING NEWSROOM FOR JOURNALISM STUDENTS



Adopting Bernstein
Paul Osborne
watches CBS play
Bernie Mac, then
Page 6

MONDAY, FEBRUARY 11, 2008

CANISWINGA COLLEGE, NEWPORT, ONT.

WWW.SPOKEONLINE.CUNY

STUDENT - 10

Rec centre opening Feb. 22

BY JORDANA KAMINSKI/STAFF

The Dean campus rec centre will finally under construction is set to finally open to the student body on Feb. 22 according to Mike Denning, vice president of student affairs at the college. Unfortunately the whole building won't open at once.

"The gymnasium will open later and Denning. The reason being that while construction was going on the construction crew found some mold in the park in the roof and so we had to do a remedial action and install the entire ceiling. What is done is just that part of the project back about eight or 10 weeks — but we're going to open up the new glass part, which is about 25,000 square feet, and then the rest part will open up later as the semester.

"I'm excited for the renovations to finish," said David Martin, a second-year journalism, broadcast student. "I'm a second-year student though, so I probably won't get to use it but if it's going to be finished on time, I'll probably use it as much as possible."

Caniswonga Students Inc. and college administration work to make sure that students are provided about the renovations and the opening.

"We are going to do a major promotion to students over some of funds to let them know about the gym and get them to look at it," said Denning.

"We're not to do it in three phases. First, in total, it's a project like this often takes up to 10 months."

Denning wants to assure students that the next part of the rec centre, including lounge, fitness equipment and a PMA Pit, will be opening on Feb. 22.

"We decided to open up the building first, but in fact, it was not ready to open and that construction is out of the place," said Denning.

"I think students are really going to be pleased when it opens," he added. "Why should Caniswonga students have around, but I think you're going to find that this facility will be the most comfortable with any facility at any post-secondary institution in the province. I think our students are waiting their turn."

The \$10-million project is funded by CSE as well as development (not paid by students each semester). It was first expected to be completed by September 2012, then December 2012.

OFFERING REFUGEES A HELPING HAND



PHOTO BY KAM, SPOKE-ON

Lara Sayed is an administrative volunteer at the Muslim Society of British Columbia, standing with several other groups in a hallway in the Caniswonga building, expected to arrive in late February. For story and photos, see Page 6 and 7.

International students a priority

BY JORDANA KAMINSKI/STAFF

Caniswonga Students Inc. (CSI) offers a lot of services for students at Caniswonga College, but now they're getting their sights on international students.

At a board of directors meeting on Jan. 28, members discussed a variety of benefits aimed at making education more affordable for international students. Among them were free financial awards worth a total of \$15,000. These awards recognize international students who excel in a variety of areas including academic achievement, leadership and contributing to the Caniswonga community through volunteerism and being involved outside the classroom. Winners of these awards will receive a certificate of CSI's annual awards banquet, which will take place later this semester. Students will be able to apply for these awards through the general application, which can be found on the Student Portal.

Along with these awards, CSI has been working with the International Education Office to potentially create international students at the CSI's facilities. While all students are required to have some form of health insurance during their time at Caniswonga, international and domestic students have been under different plans. The international office provides health insurance through paid-up an insurance provider based on Caniswonga. On the other hand, for domestic students, CSI provides a health plan for all that

time for paying students under health through student life.

At the board meeting, Jeff Osborne, CSI president, noted that the international office was also interested in the possibility of having all students under one simple health plan. However, he added that the international office wanted to ensure that this process wouldn't make it more expensive for international students whose students have already significantly higher than what domestic students have to pay.

Osborne said CSI was in the process of contacting a new insurance provider and would discuss reducing insurance for students in the plan as soon as a company was found.

The board discussed a lot of other items as well. That included the long-awaited opening of the new Addition and Recreation Centre and, along with it, another food option for students. CSI is working with the college to fund and develop the new facility, which will include a 1000 sqm, a 100-meter running track and an expanded IT centre area. But the facility will also include a PMA Pit, which will be owned and managed by CSI. Wilson said the PMA Pit will be the opening on the main day of the rec centre, which according to Mike Denning, vice-president of student affairs at the college, will be on Feb. 22.

"We are going to do our best to have it open that day," Wilson said. "That's our target date."

Along with being another place to eat on campus, it might soon be another place to have a party too. The Sanctuary is currently the only place on campus where students can consume alcohol, however, but Wilson said CSI is also attempting to do the same for the PMA Pit. At the very least, they are attempting to make it a reality for the next opening.

"We're trying to make it a licensed event," said Wilson.

The rec centre and PMA Pit are part of a larger partnership CSI has formed with the education and recreation department. Wilson said CSI is looking to do marketing for the department to help build school spirit. They hope to provide jobs for the students who would promote activities at Caniswonga.

Along with these announcements, the board also approved a slight increase in the technology education fees for students next year. The fees were lowered keeping computer resources equipment and services up to date, according to the Caniswonga College website. The fee will be increasing by 5 per cent and will be primarily going toward buying additional staff at the Caniswonga Wireless and Digital campus. Jason Bennett, general manager at CSI, said although it's a significant increase, it's what IT Services needs to improve their service. "It's not money, it's not an input, technology needs," he said. "It's not free."

Now deep thoughts ... with Conestoga College

Random questions answered by random students

What is one thing you love about yourself?



"I love that I love dogs."

Vanessa Ertel,
first year
understanding technician

"I can laugh at myself."

Audrey Melnikov,
second year
graphic design



"I'm determined to achieve my goals."

Madeline Allard,
first year
international technology
support services

"Inevitable."

Alison Morrison,
first year
print journalism



"My work ethic."

Ryan Norman,
second year
police foundation



"My creativity."

Katherine Brumby,
second year
graphic design



Share knowledge, you deserve the best responses

FELBERT CARTOONS



By L. J. Smith



For more cartoons, visit www.felbert.com and www.felbert.com



PHOTO BY JESSICA HANMER

The drumming group Blue Snow received singing and drum at the Westhouse in Woodstock on Jan. 21.

Storytelling and music event promotes positive dialogue

BY JESSICA HANMER

Women of all ages came together to support and promote change through storytelling and live music at the Westhouse in Woodstock on Jan. 21.

The event was held by Francesca Harbor Foundation which promotes storytelling and the arts. As said, the nonprofit organization's reason is to promote a positive dialogue for women of different generations and their personal experiences.

"We want to encourage women to start sharing their situation and trusting themselves because that's an important aspect of our humanity," said Gardens Miranda of Goodbridge, who is the co-owner and director of Francesca Harbor.

Miranda said she thought of ways to get women to share their personal stories and experiences when she was in her teenage years but had to put the idea on the back burner. More later on as her life she said she has seen women and life experiences that she wanted to share and that old idea from when she was younger shone bright and that was how Francesca Harbor was created.

Plus women of different generations and backgrounds shared their stories that dealt with trust and intuition. Their stories showed many of the women who came out of it a stronger as well as a friend.

There was an indigenous drumming group called the Blue Snow Women who performed at the event between each story and kept the energy up.

any night.

One of the things Miranda talked about was that young women should respect each other and not be so used to what the ideal physical image should be.

One of the speakers, Shelby Korick, spoke about her life and dealing with depression. During her presentation she said that stories are meant to be heard but they can both have a good side and a dark side.

"I never told anyone about that side of me before," said Korick, adding the connection to the fact that night was called her to do so.

"I feel empowered."

For more information about the Francesca Harbor Foundation and how to connect and share stories go to francescaharbor.com or email francesca@francescaharbor.com or call 800-888-8888.

Students asked, CSI answered

[illegible]

"What do 'where to' and 'what to' mean? Where do you think we should go? These questions started students' thinking in regards to Corvallis Students Inc. a 501(c)(3) business."

The June 28-29 AISM held their annual general meeting (AGM) Wednesday and approved last year's AISM minutes, approved this year's meeting agenda, approved the minutes for 2018/2019, and approved last year's budget. The meeting was held in the University of Guelph's Hume campus and was open to all students.

While students walked up on foot pads, and gap provided by CSE for attendees. CSE board members were put in front of the lining squad the approximately 50 students who sat around the rough

First, on the agenda was a general overview of the national 2014-2015 budget, by Tim Johnston, an insurance specialist and partner at BDO Canada, a company that has worked with CSE for over 50 years.

Our goal is to shock the members and provinces and make sure that the members presented at the annual finance statements are materially correct, and further, "These statements belong to the OECD, based and our job is to provide a support in these statements. Period our working is century is century opportunities and making a link to investment. Now All of the procedures were done to our satisfaction and from our standpoint the opportunity is a tremendous review of these

The 17-page document estimated CMA's total capital needs just over \$2.5 million with 10.8 million of that on

newly accessible funds. The report also showed a surplus of approximately \$100-\$200 for the fiscal year-end of April 30, 2013.

The financial statement gave general breakdowns of where the costs and savings were allocated throughout the year, allowing students at the meeting to ask for specific CRI projects. Jeff Wallace and Heather took turns answering questions based on their knowledge and organ-

What is there a reference
number (Serial Number) To send
the item over?

"GRI's main change is useful for having that increased transparency to a common score and influence. They indicated that for GRI, however, GRI only actually took away 10% more that year."

[illegible]

"One is the forthright, natural like being, while the other is the paying entertainment like the cinema. (Gibson said, "I can assure you both were real.")

[illegible]

⁴Chen's card costs \$10000
a company that is a provider and receiver of debit and credit card payments) charges and a lot of different business firms through a lot of different suppliers paid by the company
business (Chen's card)

Without an idea, we're like the
fish in the water.

^aValues are normalized gross
absorption on 17 mg of dry weight.

"We have it worked out with IT that a certain portion of their costs to pay for printers and other materials. However, that, too, doesn't cover the 20% cost."

Figure 1

Shutterstock Inc. during the annual general meeting on Jan. 28 at the Sanctuary at Ocean View.

What's covered under the administration expenses of \$1.5 million? Are staffers making an average salary of \$60,000? (There are 18 staff members of 1991.)

"When you're looking at it, it is a totality of national interests and international and bilateral," Wyne also got government lines rolled in Democratic Canadian Pension Plan Bill placement. From across corporate workers' support, nature health tax parking expenses and professional development. Not to mention, the double tax expenses were rolled into other markets.

• CMI is independent. What will happen to the margins of all the cases?

"After recommended by students to have a six to 12-month remove in case we were to get into an argument with the college and they decided that their money

going to release that battle to us," said Scherer. "We're also looking at capital development, and anything that could be done in the future. That means credit, always be con-

Wolters also briefly discussed another suggestion made by members to create a for-profit company that would share the proceeds of research while remaining legal, according to Dr.

The purpose of this is to give certain companies an opportunity that would in turn drive the C&I industry and others. "There may not be immediate but it is that end goal and driver for the organizations," Peto. He has already been frustrated similar to that we can become happy. There is resistance and possibly it is in the future.

The branch is named Charlotte-Mecklenburg Career Center and would be completely opened by FY01.

Get the essential meeting details about the event at www.illness.org.

The UST has plans which have been an embarrassment for several months: would pay a \$100 fee added onto students' tuition at both the fall and winter sessions allowing students to use their student cards as bus passes to the campus area.

While CBE is working on exceptions or discounted fees for students with parking passes or students attending outside of CBE's district, rather than come to Station and no concerns are being made.

CHS also announced that their application packages for their board of directors will go out on Feb. 29. There will be more information regarding the application process in the coming two weeks.

ENCOURAGING ACCEPTANCE THROUGH HUMOROUS PLAYS



Communications and Marketing in the Open, reply by the Commented Team Co. The page can be used to display various subjects, such as to reduce digital and message attachments. Above the page (left) and the page and not a page about the page. For more about the page, see the page.

You can quit! We can help.



smokers' helpline

POLYMER LETTERS

1000

[illegible]

Prepare to meet your match

BY SARAH DEBENHUR

Partner on campus and your plus? (Eds.)

While most Canadians are lucky enough to speak English, the conversational language on their first language and everyone does.

With English being reported as one of the most difficult languages to learn, Conestoga College is offering a unique program for international students to partner through a program called English Conversation Partners (ECP).

"We match them, English speaking students with students who wish to practice their conversational English, and teach only a Student Life program for leaders

ship students." Their partners are expected to meet once a week for one hour on campus.

The program kicks off every semester with the ECP Welcome Event. Meet Your Match. This semester will take place on Feb. 18 in the Great Corner at Conestoga.

"The purpose of the event is to create a safe and comfortable environment for the partners to meet for the first time as the idea of meeting a stranger and having to sit down and talk for an hour can be quite nerve-racking," said Daly. "We will have some activities planned to get the ball rolling, but we expect that most partners will just strike up their own conversation."

While there will be only open to those who are applying and have accepted to the program, applications are still being accepted until Feb. 22 for those English-speaking volunteers so they have an abundance of English language learners (ELLs) who will need to be matched.

"Last semester we had 56 people attend the event and only 11 don't know how many people will be in attendance on Feb. 18 but I'm expecting a similar turnout," said partners from the previous semester no longer need the matching.

Partners such as Leah Shoukri, a second-year health science administration student, and Ron D'Amico, a third-year student in media

studies developed. Found their first semester as partners to be an enjoyable experience — one they hope to continue throughout this semester.

"I'm enjoying getting to meet a new friend and learning about his past life and work experiences as well as learning more about his culture in China and Japan and Chinese is one of my ECP program's strengths."

The application process is open to all students the first day of each semester until all ELLs have been matched.

"Great friendships often start out of these partnerships," Daly said. "And we see the Meet Your Match event to get these partnerships off to a good start."

CLOSURE CONCERNS



PHOTO BY JESSICA ROY

Sara Shattaran explains how the closure of a branch of the Waterloo Public Library affects the staff of the YIC. She says they are in a good position to be able to continue their work.

Glaucoma affects 400,000 Canadians, including the young

BY MICHELLE MATHIAS

Glaucoma in young people is rare but not impossible, says Dr. Richard Richard, ophthalmologist at Dr. Richard Richard and Associates in Kitchener. Richard said a simple diagnosis of glaucoma is "an eye disease which is characterized by high pressure of the eye that can cause destruction of the optic nerve, resulting in loss of vision."

When Michael is now resident, he said, "Glaucoma is a disease that can cause destruction of the optic nerve, resulting in loss of vision."

"It was devastating. I was told, 'The first thing that you should do is to get your eyes checked. I'm going to be blind.'"

"When you put it in perspective it's nothing compared to a terminal disease but it's something you have to think through and know that it's going to be OK. In fact, I was told, 'You're fortunate to have caught it early enough that it only needs to be an eye drop treatment to keep the pressure in line.'"

"There is a possibility of getting glaucoma in the other eye but it's not a good bet," said Richard. "Having undetected glau-

coma when you're younger has much more serious consequences. Richard said "It's unfortunate you're going to be living a longer period of time with the disease, going undetected, and you have a certain percentage of vision loss."

"You end up with fairly serious vision loss if it remains undetected," he said. Glaucoma affects 400,000 Canadians and 97 million people worldwide according to the Glaucoma Research Society of Canada website. Open angle glaucoma, the most common form of the disease, shows no symptoms

making it impossible to detect until sight or eye issues.

"A person can have an eye examination, have 20/20 vision and the eye test fine but they can have quite high pressure of the eye," Richard said. "The only way of detecting it through routine eye examinations."

The most common form of glaucoma, angle-closure glaucoma, causes pain and blurred vision. Risk factors for glaucoma are having diabetes, a family history of glaucoma, being over the age of 40, taking steroid eye drops for other eye

problems, which increases the pressure in the eye.

"Detected early enough the treatment could be as simple as eye drops."

"The average person with glaucoma will only need one drop a day to keep the pressure down," Richard said.

If eye drops don't work, other options may include laser treatment or surgery. However, there is no cure and if left untreated it could result in blindness.

"It's relatively rare to see someone in their 20s with glaucoma because the treatments in most cases are quite effective," Richard said.

COIN-ROLLING RECORD BREAKER



PHOTO BY JESSICA ROY

Michael Fineman, a Kitchener resident, successfully broke a coin-rolling record which will be published in the next edition of the Guinness World Records if his video story goes to where spoken there can.



CONESTOGA
COLLEGE

Conestoga, North York

ELECTION NOTICE

AND CALL FOR NOMINATIONS

Student Opening on

CONESTOGA'S BOARD OF GOVERNORS

Eligibility: Open to all full-time and part-time students enrolled in a program leading to a degree, diploma, certificate, or other document awarded by Conestoga College.

Term of Office: September 1, 2016 – August 31, 2017

Candidates must plan to be enrolled as a student during the term of office and must be prepared to continue to the end of the term even if a graduation occurs within the term.

Form of reference and nomination forms are available by contacting

Bob@conestogacollege.ca

Closing Date for Nominations: February 11, 2016

Elections: March 4 – 7, 2016



HOROSCOPE

Week of February 2, 2006



Aries

March 21 -
April 19

Don't be afraid to challenge yourself! Taking the leap just doesn't always have the best outcome.



Libra

September 23 -
October 23

Libra, realize that you truly are coming your way this week. Take the time to reflect on your past choices and make sure you make the right ones in the future.



Taurus

April 20 -
May 20

Your confidence and tenacity is what is going to differentiate you from the crowd. Don't let others keep you from shining.



Scorpio

October 24 -
November 21

Don't take your relationship with friends, family and colleagues for granted. This week, don't forget to thank each one for their unconditional love.



Gemini

May 21 -
June 21

This week, you will face a difficult obstacle. Take it with grace and try to be optimistic.



Sagittarius

November 22 -
December 21

Sagittarius, there is a difference between being optimistic and being confident. Change the way you view yourself before it is too late!



Cancer

June 22 -
July 22

Cancer, before making assumptions, understand that there are two sides to every story.



Capricorn

December 22 -
January 19

Your wisdom and desire to accomplishing your vision. Keep this up and soon you will become your own boss.



Leo

July 23 -
August 22

It's OK to let your guard down. Sometimes you have to go through something hard to make you stronger.



Aquarius

January 20 -
February 18

This week is all about you. Set a goal for yourself and make sure you do everything you can to achieve it.



Virgo

August 23 -
September 22

Feeling balance and harmony in your life doesn't come easy to you. This week, take a step back and thank you to:



Pisces

February 19 -
March 20

Thank not everything is handed to you as a silver platter. Work hard and the rest will follow.



Spiritus Strango is abides as faeces beyond mortal comprehension on a winged as faeces. He also enjoys young adult novels and toxicology.

Oh Giff!



Useless Facts

The past tense of the English word "dare" is "durst".

The Bible, the world's best-selling book, is also the world's most abridged book.

Giant frogs for eyes. There are three giant eyes on the tip of a cat's head and two larger ones in front.

Cartoon frogs can be frozen solid then thawed and continue living.

Cartoons, but never groups, have plans created.

Sudoku Puzzle

	1	8		9		3		2
	5			8		2		7
6				1				
	3			7	2			5
5	7						9	6
4			6	1			3	
2								9
1	8		9	6	4		2	
3				7		5	4	

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9 without repeating any.

Word Search

Valentine's Day

L	H	T	W	K	S	R	E	W	O	L	F	Y	N	U	A	M	I	R	R
B	O	D	H	Y	I	A	T	Y	E	O	S	O	Z	M	Z				
Y	F	C	E	R	M	N	X	R	U	A	G	C	J	B	K				
Y	O	U	A	R	G	K	D	R	I	S	P	F	J	A	O				
F	F	P	R	A	X	R	Y	N	D	Z	S	H	T	N	S				
L	C	I	T	A	D	E	T	B	E	R	M	W	P	T	Y				
L	A	O	K	U	E	M	V	X	R	S	A	F	Z	F	T				
M	R	T	D	N	I	B	I	C	X	M	S	O	O	O	O				
J	I	S	T	J	G	M	I	R	A	X	K	K	O	Y	C				
W	H	S	E	N	T	I	M	E	N	T	A	L	L	S					
O	G	L	S	C	N	S	X	D	E	R	O	S	E	S	O				
Z	L	F	P	A	C	W	M	K	B	T	F	I	O	S	Z				
E	N	I	M	A	F	E	N	X	H	E	V	O	L	Z	O				
R	H	O	N	S	R	E	E	T	A	L	O	C	H	C					
K	R	O	O	X	O	T	F	E	B	R	U	A	R	Y	D				
Z	Y	L	D	H	R	Y	E	R	O	O	G	U	T	S					

SWEET

